

Full Name:

Email:

[Subscribe to our FREE Monthly Magazine!](#)

## New York City Info

Pursuing Your Destiny in the Wake of Disaster

[E-mail](#)

Written by Rachel Farber

Wednesday, 05 June 2013 02:22



Michelle Rosado is a native New Yorker, born and raised in the city. She started her career in business when she was just nineteen years old. By the time she was twenty-five, she was working in the World Trade Center. Despite her early successes in the finance industry, there was a part of Michelle that still felt unfulfilled. "My career in finance was extremely lucrative, but there was something in me that needed more, that wanted to be a servant of humanity in some way." Business was booming, but Michelle wanted a change.

That change would soon come, and it arrived as a tragedy. On the morning of September 11th, 2001, Michelle was working on the 96th floor of Tower Two when the plane hit Tower One. She made it out of the catastrophe alive, but far from unscathed. The experience left her in a state of total shock. "I did not know on the day of the tragedy that I had survived. In fact, I thought I had died on that day, because it was such a shell-shock to my body and my mind and my soul." Some of her friends and co-workers lost their lives that day.

After the collapse of the World Trade Center, Michelle's company was bought by a group in Florida. She was asked to go down to Fort Lauderdale to help them recover from the disaster. She agreed. During the course of her initial two-week assignment, she met the man who would later become her husband, Randy Rosado. She moved full-time to south Florida, and the couple was engaged three months later.

This is a great example of the boldness and determination that has characterized Michelle's decisions since her trauma and subsequent spiritual awakening. She says,

### Sponsored Links

#### [50% Off Broadway Tickets](#)

[www.goldstar.com](http://www.goldstar.com)

Pay Half-Price For Your Favorite New York Musicals & Broadway Shows!



#### [Discover New York](#)

[DailyCandy.com/New-York](http://DailyCandy.com/New-York)

Explore Undiscovered Food, Fashion & Fun in New York City and Beyond



#### [My VA Loan](#)

[www.VeteransUnited.com](http://www.VeteransUnited.com)

Get a VA Home Loan With \$0 Down & Up To \$417K- PreQualify in 2 MAdChoices



### Visit our partners!



The world's largest Ads museum



Official source for unedited, uncensored, and historically accurate documents

"I think that the experience of September 11th gave me a newly-found confidence to be able to embrace whatever opportunity came before me. Even if it was not the right decision to make, at least I was taking that chance and moving forward." Since that time, Michelle has totally transformed her life. Over the past decade, she has created new business enterprises, authored a book, been a mentor and consultant, and performed at speaking engagements all over the country.

Michelle believes that the city of New York also has the chance to revitalize itself. New Yorkers have been disheartened as of late by both local and national difficulties. She says, "The good that I would love to see in New York again is that type of resilience that New Yorkers have always had... New York is the hub of everything, but it's also a place where people can grow within themselves to accomplish anything that they choose to. We all have a destiny that we were born with, and that we create as we keep going."

Michelle and her husband Randy co-authored their book *Pursuing Your Destiny: How to Overcome Adversity and Achieve Your Dreams*. Of course the book addresses Michelle's experiences around the September 11th attacks, but it's much, much more than that. Randy says, "[Michelle's experience] is really just a small portion of it. It really evolves into a story about two people growing up and how this tragic event brought us together... I think it's about people finding themselves. We're all so much more similar than we realize, and as we go through life, we become victims of our environment. So we get into the growth process, controlling pride and ego, and really getting rid of destructive thoughts." Randy and Michelle want to spread the message that everyone in the world experiences a trauma at some point in their life, and we

can use this shared truth to move forward. We learn a lot by hearing the stories of others, and these stories can teach us how to make the most of our own circumstances. As Randy puts it, "It's not just about surviving 9/11. It's overcoming any adversities in life, whether it's domestic violence, sexual abuse, loss of a loved one... It tries to help people stop making excuses for why they're not doing whatever they want to do with their lives—getting rid of all self-destructive thoughts that are holding you back, and breaking all paradigms."

The response to *Pursuing Your Destiny* has been fantastic. It's been on the Amazon's list of best-sellers. Randy finds the work incredibly rewarding. "You can't put a price on that. It's unbelievable to reach people like that." The Rosados have also been featured on CNN, MSNBC, and BBC Radio programs.

Ultimately, Michelle Rosado wants to spread the message that life must be lived one moment at a time, and that moment is the only thing worth worrying about. In her own words, "The past is the past, which does not ever serve you when you're in the present moment... looking into the future is unknown because we don't know what's going to happen. The only thing that is the truth, that really represents truth, is the present moment." No matter who you are and what your current circumstances are like, *Pursuing Your Destiny* can help you free yourself to achieve your goals.

For more Times Square articles like: [Pursuing Your Destiny in the Wake of Disaster](#), please visit the [NYC/The New Yorkers Section](#) of [TimesSquare.com](#)

**PLUS-** Follow us on [Facebook.com/TimesSquareTwitter.com/eTimesSquare](#) & get a free copy of [Times Square Magazine](#)

[Next >](#)